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As Per: Podiatrist Regulation

Schedule B:

Standards of Practice

Standard 3:

Continuing Competency

(Approved Sept 17, 2008)

1) The Requirement:

- a) 20 hours of Continuing Professional Development (CPD) activity every two-year cycle.
- b) One CPD Point equals one hour of activity.
- c) The two-year cycle runs from January 1st 2007 to December 31st 2008 and so on.

2) Ten areas of clinical practice, which are considered essential for CPD, the 'core topics' are:

Core Topics:

- | | |
|----------------------------|-----------------------|
| a. Vascular assessment | f. Local analgesia |
| b. Neurological assessment | g. Pharmacology |
| c. Wound healing | h. Podiatric surgery |
| d. The diabetic foot | i. Biomechanics |
| e. The rheumatoid foot | j. Infection control. |

It is recommended that a course on three of the core topics be completed every year. Over a three-year cycle, each course should therefore have been attended at least once.

3) In addition, it is mandatory that an update be achieved in:

- i. Basic Life Support (CPR) every year, and
- ii. First Aid once every 3 years, commencing January 2007.

4) a) Evidence of successful completion of a course of instruction must be provided to the CPD Officer before annual renewal of membership.

- b) In addition to the core topics, members will be expected to engage in general professional development each year.

5) Achieving CPD Points:

CPD Points can be achieved by either:

- a) Attending Activities, or
- b) Independent Learning.

a) Attending Activities – at least 50% of the required CPD Points for each cycle must be credited to attending activities:

- i. Scientific sessions of international, national and provincial podiatric conventions.
- ii. University courses, lectures, seminars and scientific meetings relevant to podiatric practice or research.
- iii. Short-term residencies.
- iv. Formal ward rounds, grand rounds, etc.

b) Independent Learning up to 50% of the required CPD Points for each cycle may be credited to independent learning. Under this section credit may be claimed for learning carried out privately, including:

- i. Watching video tapes /DVDs.
- ii. Online CPD, completing self-assessment questions where available.
- iii. Teaching and preceptorship, e.g. includes that to health professions.
- iv. Attending a journal club (this may be online)
- v. Publication of case studies; research and/or audit;
- vi. Time spent in preparation for examination for speciality or other formal higher education activities Programs which have met Continuing Medical Education (CME) requirements, or recertification by a certifying body, association, college, etc., which is accepted by this College for that purpose.
- vii. Clinical supervision, mentoring or reflective practice and health education lecturing;
- viii. Representation on health or work related committee(s).

6) Pre-approval by the CPD Officer:

- a) Other than Podiatry Conferences, all CPD credits, either Attending Activities or Independent Learning, must be pre-approved by the CPD Officer for eligibility.
- b) Proof of attendance must accompany the portfolio; proof of payment of fee is not sufficient.